

# Dnyan-Yadnya (ज्ञानयज्ञ)




Suresh Dada Scheme for  
Educational & Entrepreneurial Development  
सुरेशदादा शैक्षणिक व उद्योजक विकास योजना

## Our Vision -

To seed talented students for successfully acquiring  
entrepreneurial skills and enhanced employability  
at global level.

“Our Support...  
Your Achievement”





“ **Formula of Success – Dedicated Hard work** ”

**At the outset, wishing all readers a Very Happy and Prosperous New Year!**

The key point we keep in mind while taking admission in a particular stream after Class 10 and 12, is what is the scope of the stream? Further, while choosing a particular stream, we also need to take into account our interests and the scope for our future career and possible business opportunities. It is easy to be successful in a fast progressing field. When the computer industry was booming, even a diploma holder was earning more than a highly qualified person in other countries. These circumstances keep on changing and if you keep abreast of these changes while choosing your field, then you will definitely be successful.

The quality of efforts and attitude required to be successful differ from field to field. The efforts required to climb Mount Everest cannot be compared with the efforts required to write a novel. The qualities like patience, courage and perseverance are required in some fields, whereas in other fields we require creativity. There is no fixed measurement for success. In order to be successful, intelligence alone is not sufficient; we also require education, strategy, and technical knowhow, professional & practical knowledge. Success does not come automatically; we need to work towards getting it. Inspiration and a definite goal are important for success.

‘I want to become big’, ‘I want to do something in life’, just thinking such thought does not help you achieve anything. We need to have clarity while choosing our field. The two things we must achieve are our aim and goal. In order to be successful, determination and self-confidence are necessary, which are the strength of the mind. If you have intelligence, opportunities, capability but do not have self-confidence, then you have nothing. We should always remember our differences, competencies and capabilities. Self-confidence will bring about an awareness of your talents and strengths. If you have capabilities then your self-confidence will increase. Once you have confidence in yourself, then others will also have confidence in you. Your work will move at an easy and smooth pace and you will be successful.

Your one decision can change your life. You can determine your future by deciding in which circumstances you want to live in, in which circumstance to surrender and in which circumstance you can change your life. The power of decision making is critical and you should listen to your conscience or your inner voice while making decisions, which can have a far reaching effect on your life.

I have a belief in life, that is, there is nothing impossible in this world, there is no impossible goal, only dedicated & resilient hard work is required, these are words of Kiran Bedi.

We should not live under the false impression that something will happen, someone will come and success will fall into our lap. Our efforts are more important than the success we achieve. If you are intelligent, but you do not have persistence, assertiveness, endurance, your success will be a near-miss. If you want to be successful you need to have the following qualities: clear thinking, belief in yourself, passion, self-initiative, knowledge, efficiency, endurance, good health, gratitude, individuality, pleasant personality, good character, etc.

Your real success is when you make the efforts to change yourself, based on your experience.

The formula of success is very simple:

- 1) Determine your goal and prepare a schedule to achieve it.
- 2) Put in the required efforts and take the necessary action.
- 3) Review your efforts. Analyze the results and response.
- 4) Make requisite changes in your action.
- 5) Do not stop until you achieve the targeted success.

We can find God through our efforts, then, why not Success?

May all of you be successful! Best of luck.

- Sau. Pushpa Kishore Bhandari

Advisory Committee Member, SD-SEED (Jalgaon)

### Editorial Committee

Shri Rajesh Yawalkar (Chief Editor),

Shri N.J. Gadia, Shri Mahesh Gorade, Shri Nilkanthrao Gaikwad, Shri Milind Kulkarni, Prof. S.V. Somvanshi

### “Facing the difficult challenges in your life”

#### Thoughts of the Chief Guests at the SD-SEED Scholarship Distribution Ceremony 2015

SD-SEED recently organized its Scholarship Distribution Ceremony 2015. The Matoshree Premabai Bhikamchandji Jain Scholarship was awarded to 700 meritorious students from Jalgaon district. Over the last seven years, 11,500 students have benefitted from this scholarship and nearly 2500 of these students have completed their education. Our students have graduated from various disciplines, such as Engineering, Technology, Medical, Computer Science, Management, Agriculture, Arts, Commerce & Science. The Engineering stream is most favored with 70% of our beneficiaries graduating from this stream. At this ceremony, selected students received their Scholarship at the hands of the Chief Guests. The brief thoughts expressed by the Chief Guests while motivating the students is given below:

#### Thoughts of the Chief Guests

##### Dr. Pandit Vidyasagarji

Vice Chancellor, Swami Ramanand Teerth Marathwada University, Nanded

‘जोडोनिया धन उत्तम व्यवहारे, उदास विचारे वेच करी’ these are the thoughts of Sant Tukaram Maharaj. Respected Shri Sureshdada Jain through his style of work has spread this message among various communities. Dr. Vidyasagarji explained the following significant points to the students:

- \* Determine your goal and do not astray away from this goal.
- \* Be self-disciplined, which will make you successful.
- \* Be ready to put in hard work.
- \* Develop the ability to adapt according to the situation.
- \* Opportunity will not announce its arrival, so you must make use of every opportunity you get.
- \* Merge your inbuilt ability and technology and put the same to optimum use.
- \* Develop communication skills.
- \* Give importance to practical education.
- \* Always be thankful first on what you have, then spending time thinking about what you want.
- \* I like to accept challenges'; this attitude will give you satisfaction of accomplishment and help you find the right direction in difficult situations.



##### Dr. Girishji Kulkarni

Founder & Member, Snehalaya Ahmednagar

- \* Helping the deprived persons, means following the humanitarian religion.
- \* Create a helping attitude among citizens.
- \* You do not have to be a millionaire to be able to help.
- \* Society has helped us directly or indirectly and when it is our turn to help we should not give excuses.
- \* This project of Shri Suresh dada to care for the welfare of the students is a noble deed and the country needs such projects today.
- \* We are taking our country forward on the solid foundation of our past glories.
- \* It is important that all of us help the deprived, which will promote the progressive development of the society.



**CONGRATULATIONS!**

#### SD-SEED Beneficiary selected for RFO

SD-SEED Beneficiary Hiralal Chaudhary from Chalisgaon Taluka has been selected as 'Range Forest Officer (RFO)' for his outstanding performance in the MPSC Exam for Maharashtra Forest Service (Main). SD-SEED wishes him all the best for his future.

At a glance...

Lighting the lamp, welcoming the Chief Guest and presentation of citation



Dignitaries, Student and Parents present



Chief Guests handing over the Scholarship to Beneficiaries





### Workshop 1

#### Mind Management

Trainer: Prof. Dr. Vivek Katdare

Date: 29th September 2015

Venue: Maharana Pratap Secondary and Higher Secondary School, Jalgaon

Attendees: Approx. 200 students benefitted

The students' thought process should get the proper direction and their thinking power should be strengthened. The program on 'Mind Management' was organized to help the students to think positively, not give excuses and be successful in life.

Shri Katdare further clarified the following points:

- 1) Positive thoughts have the greatest contribution in your success.
- 2) Our body is hard ware and our mind & thoughts are the software.
- 3) Hardware can be seen with our eyes, but software can only be experienced.



### Workshop 2

#### Mind Concentration

Trainer: Praveen Sonawane (SD-SEED Associate)

Date: 31st December 2015

Venue: Sharda Secondary School, Jalgaon

Attendees: Approx. 100 students benefitted

SD-SEED conducted a program on 'Mind Concentration' for students of Std. 8, 9 and 10. The trainer explained and demonstrated the importance of concentration, steps to increase concentration and methods to maintain concentration, etc.

Mind Concentration is necessary for effective studies. Students should develop a sense of determination towards hard work and study regularly in order to succeed academically, which will support them in reaching the pinnacle of success.

Mr. Sonawane gave the following tips to develop concentration:

- 1) Time management and strictly following the time table.
- 2) A proper place and posture to be maintained while studying.
- 3) Keep your body stable while studying.
- 4) Practice Exercise and yoga.
- 5) Concentrate thoroughly on the subject being studied.
- 6) Study one subject at a time.
- 7) Love and respect your studies.

## LEADERSHIP DEVELOPMENT

In your place of work, if you are a team leader and would like to be successful, you need to remember a few points. The first point is that under all circumstances you need to be transparent with your colleagues, be frank, welcome new ideas and abstain from micro management. All these points together are important for leadership development.

#### Transparency

Many team leaders hide points from their colleagues and this is one trait which often comes to the fore. Team leaders should maintain complete transparency with their members, which will increase the integrity of the leader.

Abstain from micro-management. One of the main drawbacks of leadership is micro management and not trusting your team members. It is essential to give them an opportunity to learn and work by themselves.

#### Welcome New Ideas

In today's time, it is not possible for the leader to sit in a cabin and give orders to others, but he needs to sit and work together with the team. New ideas and thoughts should be welcomed and encouraged with an open mind. The team leader should help the team in overcoming any hurdles and resolving the problems.

#### Be humble and show understanding

It is important for team leaders to be humble and considerate towards their colleagues. The leader only should not take credit for the success but share it with the team. The leader should be of the opinion that other team members also played an important role in the team's success.



**THE GUARANTEED FORMULA FOR SUCCESS**

All of us are blessed with more or less similar physical abilities and intellectual capacity. This means that our hardware is similar and now the question arises only of the software that is to be installed. Is the software installed the right one or not? If you have to install software, then it is better to first check what type of software is installed in the minds of intelligent people. If we use the same software, then we can replicate the success achieved by successful people.

- \* It is always important for us to know what exactly we want. Many people get what they want, and the main reason for this is that they know exactly what they want. Many people say they want to be successful, but if you ask them what it means, many of them say 'they are not sure what it means' or they give a general reply like, ' I want to be happy', ' I want to earn a lot of money', ' I want to overcome all my hurdles', etc., etc. We should remember that till we do not know what is our goal, we will not know how we should manage our resources, like, time, capabilities, etc. the goal of successful people is definite and fixed and they make efforts in that direction.
- \* Once you have defined your goal, then prepare a plan on paper and make list of actions needed.
- \* All our actions should be connected with the achievement of our goal. The only difference between successful people and dreamers is that successful people are always connected with their goal. Many well-educated and intelligent people know what is to be done and how is it to be done, but they do not take any action. If we want to achieve our goal then we have to take necessary action. If we get a control on our emotions, then passionately and confidently move towards your goal.
- \* When we act according to our plan then only two things are likely to happen. Primarily you progress towards your goal or secondly you do not achieve the expected results, something unexpected happens. Many consider this as a failure. Do we all face failures? Yes, certainly. You show me one successful person who has never experienced failure. The more you emphasize on actions, higher is the failure rate. The extent of success and failure is the same in a person's life.

**The three options to face Failure**

<p><b>Option One</b> Make excuses, Raise counter charges, Give up</p>	<p><b>Option Two</b> Repetition of same action</p>	<p><b>Option Three</b> Learn, Make proper changes in Plan &amp; Action accordingly Goal</p>

**Brief guaranteed formula for success**

1. Define your goal.
2. Prepare a plan to achieve that goal.
3. Make Action Plan.
4. Learn thru failure.

## NEW YEAR, NEW TIME TABLE

We are in the New Year and in a way this is the season for fun and frolic. However, this does not apply to all students, as those in Class 10, 12 and degree courses will be preparing for their final exams and these are the exams which will help determine their careers. In the new year you can passionately start studying with renewed enthusiasm. However, if you have already studied and prepared in advance for these exams, then, now you can spend time enjoying yourself. Take some time out during studies, get refreshed, relax for some time and then you can enthusiastically start studying again.

**How to link the festive mood and studies simultaneously:**

- \* Prioritize and plan your work and this will help you in allocating time for each task.
- \* Allot minimum but quality time for review
- \* Set aside time for doing Assignments, journals, projects, etc,
- \* During holidays guests come home, hence it is important to find a quiet place to study, where no one will come and disturb you.
- \* Post on the board / wall your review time table, so that all family members are aware of the same.
- \* If possible, keep some time in the early morning or late night for studying
- \* In case your family is partying and enjoying themselves, you should not get tempted but continue to study.
- \* You should also enjoy sometime with your family, but remember that later, you will need to make up the lost time. Always try to maintain and follow the time table you have set.

**Good Luck and wishing you a Happy New Year!**

## HEALTH TIPS

### FOOD TO EAT IN THE WINTER

We feel hungry in the winter and would always like to eat something hot. The reason for our craving or hunger is that we digest our food very fast and this increases our hunger. In this season, our body generates its own heat to keep our body warm and which helps in protecting ourselves from the cold. Let's see what we should eat in this cheerful season:

1. Incorporate warm water, hot soup, ginger tea, aavla juice in your daily diet.



5. In order to improve the digestion during winter, use jaggery and honey instead of sugar



2. Eat green vegetables and fruits daily to increase your immunity.



6. Replace the wheat chappatis, with corn and jowar rotis as these will further help increasing the body heat.



3. Use haldi, hing, ova, dalchini to increase your digestion.



7. We require vitamins to help us fight against any diseases and if we eat Papaya, Amla and Orange we will always have sufficient vitamins.



4. Figs, cashew nut, apricot, almonds and other types of dry fruit should be consumed regularly which will help in generating heat in our body.



8. Use ghee in your diet for the good health of skin, joints and brain and it will also help in digestion.



- \* To provide opportunities to all deserving students to participate in India of the 21st century
- \* To spread educational awareness among all stakeholders
- \* To financially support eligible students for accomplishing their educational goals and occupational aspirations
- \* To develop and implement a comprehensive package of initiatives resulting in empowerment of stakeholders
- \* To make the program self-sustainable so that more and more students can benefit

## BENEFICIARIES TESTIMONIALS



Tejaswani Lalit Patil, Amalner (BE E&TC – Final Year)

My father is a farmer and he cannot afford the educational expenses for me and my brother. We have to face innumerable problems. We have a great desire to study. SD-SEED, through this scholarship, has helped us in reaching our realizing our dream and achieving our goal. This scholarship is a great source of support in our time of need. We were very happy to receive this scholarship, as it reduced my father's financial burden and I got a fresh inspiration and new enthusiasm to study. I will always be indebted to SD-SEED.



Pankaj Srikant Shinde, Chopda (BE Mechanical – Second Year)

I am studying second year B. E. Mechanical in Nasik. There are numerous problems faced by us when we study in different city. I come from a financially weak family, and the scholarship amount has helped me to buy the required reference books. When students like me from the rural area receive such help, it is similar to feeding the hungry and quenching the thirst of the thirsty. SD-SEED is like our bread winner.



Gayatri Hari Patil, Jalgaon (HSC – Science)

I am happy that through SD-SEED needy students like me are benefitting. In society you will come across many people who are taking from others, but there are very few who are ready to give and SD-SEED is one such example. There are numerous hurdles in the educational field that need to be faced and in such times the assistance received in the form of Scholarship from SD-SEED and the various training programmes conducted by it, helps in strengthening our self-confidence.



Amol Rajendra Pingale, Pachora (BE Computer – Third Year)

When we dream of soaring in the skies then we need the support of someone. Students who are needy, but intelligent, face financial difficulties in continuing their education and the timely help provided by SD-SEED is most welcome.

Today education is expensive and it is out of the reach of common people like me. Keeping all this in mind, SD-SEED has re-opened the doors of education for us. The inspiration of Shri Dada through SD-SEED has given us a ray of hope in our lives.



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